Afternoon Portion

F - 12:00 Leave YMCA
G - 1:15 (3.5 mi; 10.4 total) Pennywise Preserve Trailhead (18th St)
H - 2:00 (5.6 mi; 13.3 total) Break at Meshacket and Quenomica
H - 2:15 Leave Morning Glory Farm Area
I - 3:05 (8 mi; 15.7 total) Herring Creek Rd and Proprietors Way
J - 4:00 (10.5 mi; 18.2 total) Finish at Katama Point Preserve